



தமிழ்நாடு உடற்கல்வியியல் மற்றும் விளையாட்டுப் பல்கலைக்கழகம்

TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

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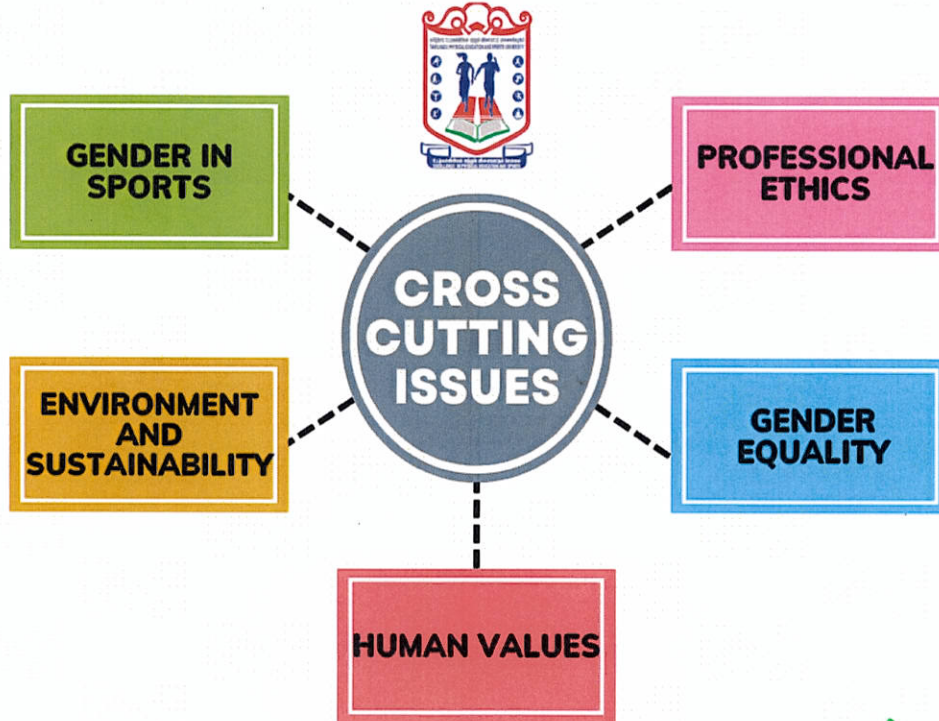
India's First State University in Physical Education and Sports

CRITERION 1

Key Indicator – 1.3.1 – CROSS CUTTING ISSUES

1.3.1: Institution integrates cross cutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability and other value framework enshrined in Sustainable Development Goals and National Education Policy – 2020 into the Curriculum.

1.3.1 CROSS CUTTING ISSUES



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Chennai - 600 127.



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S.NO	CROSS CUTTING ISSUES	NO OF COURSES
1.	PROFESSIONAL ETHICS	31
2.	GENDER	13
3.	HUMAN VALUES	7
4.	ENVIRONMENT & SUSTAINABILITY	4
5.	DEMOGRAPHIC CHANGES	13
	TOTAL	68



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PROFESSIONAL ETHICS

S.NO	NAME OF COURSES
1.	RESEARCH PROCESS IN PHYSICAL EDUCATION AND SPORTS SCIENCES
2.	YOGIC SCIENCES
3.	SPORTS MANAGEMENT AND CURRICULUM DESIGN IN PHYSICAL EDUCATION
4.	SPORTS JOURNALISM AND MASS MEDIA
5.	YOGA EDUCATION
6.	HISTORY PRINCIPLES AND FOUNDATION OF PHYSICAL EDUCATION
7.	CONTEMPORARY ISSUES IN PHYSICAL EDUCATION FITNESS AND WELLNESS
8.	METHODS IN PHYSICAL EDUCATION
9.	SCIENCE OF YOGA
10.	FUNDAMENTALS OF YOGA
11.	BASIC YOGA TEXTS
12.	RESEARCH PROCESSES IN YOGA



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13.	FOUNDATIONS OF YOGA
14.	PATANJALI YOGA SUTRAS
15.	CLINICAL NUTRITION AND DIETETICS
16.	NUTRITION FOR HEALTH, FITNESS AND SPORTS.
17.	EXERCISE REHABILITATION AND INJURY MANAGEMENT.
18.	TRAINING AND PERFORMANCE
19.	STRENGTH TRAINING AND CONDITIONING FOR FITNESS
20.	EXERCISE ASSESSMENT IN SPECIAL POPULATION
21.	INTRODUCTION TO SPORTS PERFORMANCE ANALYSIS
22.	LEGAL SYSTEMS IN BUSINESS (BBA)
23.	BUSINESS LAWS
24.	PROFESSIONAL ETHICS
25.	PHILOSOPHY OF COACHING
26.	SCIENCE OF SPORTS TRAINING
27.	METHODS OF NATUROPATHY
28.	CLASSICAL YOGIC PRACTICES AND APPLIED PHYSIOLOGY
29.	PRACTICAL– I
30.	METHODOLOGY OF TEACHING YOGA
31.	TRADITIONAL INDIAN SYSTEMS OF MEDICINE AND THERAPIES



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GENDER

S.NO	NAME OF THE COURSES
1.	HEALTH EDUCATION AND SPORTS NUTRITION
2.	GENDER STUDIES
3.	HEALTH EDUCATION AND FIRSTAID
4.	CLASSICAL YOGA PRACTICES – I(PRACTICAL)-BSC
5.	CLASSICAL YOGA PRACTICES – II (PRACTICAL)-BSC
6.	CLASSICAL YOGA PRACTICES – I(PRACTICAL)-MSC
7.	CLASSICAL YOGIC PRACTICES – II(PRACTICAL)-MSC
8.	ANATOMY AND PHYSIOLOGY
9.	CLASSICAL YOGA PRACTICES-M.SC-YOGA THERAPY
10.	PRACTICAL : CLINICAL PSYCHOLOGY
11.	EXERCISE AND SPORTS FOR WOMEN
12.	PSYCHOLOGY FOR EFFECTIVE LIVING
13.	WOMEN AND SPORTS



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HUMAN VALUES

S.NO	NAME OF THE COURSES
1.	SPORTS PSYCHOLOGY AND SOCIOLOGY
2.	DISABILITY AND INCLUSIVE EDUCATION
3.	YOGA FOR CHALLENGED PEOPLE
4.	PERSONALITY DEVELOPMENT
5.	TIRUMULAR'S TIRUMANTIRAM
6.	STRESS MANAGEMENT
7.	VALUE EDUCATION

ENVIRONMENT & SUSTAINABILITY

S.NO	NAME OF THE COURSES
1.	SPORTS ENGINEERING AND TECHNOLOGY
2.	ENVIRONMENTAL STUDIES
3.	BUSINESS ENVIRONMENT
4.	DISASTER MANAGEMENT



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DEMOGRAPHIC CHANGES

S.NO	NAME OF THE COURSES
1.	YOGA FOR HEALTH
2.	YOGIC DIET AND NUTRITION
3.	STATISTICS IN YOGA
4.	CLINICAL EXERCISE TESTING PROCEDURE AND ASSESSMENT
5.	TRAINING AND PERFORMANCE
6.	NUTRITION THROUGH LIFECYCLE'
7.	WEIGHT MANAGEMENT
8.	NUTRITION AND IMMUNE FUNCTION IN ATHLETE'S.
9.	RESEARCH METHODS IN EXERCISE PHYSIOLOGY AND NUTRITION
10.	CLINICAL SPORTS NUTRITION
11.	MARKETING MANAGEMENT
12.	SPORTS MEDICINE AND NUTRITION
13.	SPORTS PSYCHOLOGY AND SOCIOLOGY OF SPORT

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